

# NEW, MEGA-NUTRIENT MULTI-FACTOR FORMULA

**The World's First Total Nutritional Program Containing All The Vitamins/Minerals/Amino Acids/Proteins/Antioxidants and Enzymes The Body Needs On a Daily Basis. All In a Capsule.**

Mega Nutrient Multi-Factor is precisely what its name suggests. This is the finest and most powerful total vitamin/mineral formulation in the world. It contains no less than 143 individual components in the form of vitamins, vegetables, fruits and herbal extracts along with amino acids, antioxidants and immune system boosters to protect the body, the heart, the mind and fight the ravages of premature aging. This extraordinary formulation is the result of some 14 years of ongoing research and saves time and money by combining the most popular and necessary nutrients into one formulation enabling most people to eliminate the need to buy and keep track of the countless separate bottles of vitamins, minerals and antioxidants that would be required to achieve the same result of this one blockbuster product. All ingredients are from organic, wildcrafted and pharmaceutical-grade sources wherever possible.

**INGREDIENTS:** Vitamin A (as Retinyl Palmitate); Beta Carotene; Vitamin C (Ascorbic Acid); Vitamin D; Vitamin E (as dl-alpha tocopherol); Thiamine; Riboflavin; Vitamin B3 (as Niacin); Vitamin B6 (as Pyridoxine HCl); Folic Acid; Vitamin B12 (as Cyanocobalamin); Biotin; Pantothenic Acid; Calcium (Citrate); Calcium (as Aspartate); Magnesium (as Ascorbate); Magnesium (as Aspartate); Zinc (as Albion Labs Chelavite); Selenium; Chromium (as Patented Chelavite); Copper Chelate; Manganese Chelate; Molybdenum Chelate; Amla Fruit; Kelp; Peptide/Amino Acid Complex; Citrus Bioflavonoid Complex; Choline; Ocean Source Mineral/Trace Mineral Complex; DigeZyme Digestive Enzyme Blend; TMG (Trimethyl Glycine); Flax Seed Oil Powder; Inositol.

**VITAMIN A:** The eyesight vitamin necessary for all vision performance. Also a remarkably effective antioxidant that lowers the risk of many types of Cancer. Necessary for the adrenal and thyroid glands to operate efficiently and the equal partner to Vitamins C and E as the "troika" of cellular protectives.

**BETA CAROTENE:** A Vitamin A precursor, converting to Vitamin A in the liver as the body requires it. A very powerful anti-infective and antioxidant for immune health, protection against environmental pollutants and also dramatically slows down the aging process. Very effective on all respiratory diseases and infections and helps prevent lung cancer and tumor growth.

**VITAMIN C:** This is Nature's "cellular cement" to prevent strokes, cancer and wash free radicals from the body. Man is the only animal not able to manufacture Vitamin C in the body. Is this why dog's don't get strokes? Vitamin C is a primary factor in all immune system strength and health. Protects against cancer, bacterial infections, heart disease, arthritis and allergies. Helps lower cholesterol, fights "scurvy" or cellular death and suppresses the HIV virus while lowering blood pressure and needed for formation of new collagen tissue.

**VITAMIN D:** Works with Vitamin A to utilize Calcium and Phosphorus in building new bones and healthy teeth. Helps in all eye problems including spots, conjunctivitis and glaucoma. Also helps protect against colon cancer, slow healing, insomnia and fast heartbeat.

**VITAMIN E:** The "third sister" to Vitamins A and C as the "troika" of cellular health protectives. Important for all immune function and an effective antioxidant and vasodilator against blood clots and all heart disease. Voluminous research now confirms that Vitamin E works with Selenium (see below) to fight all forms of cancer, Parkinson's Disease, arthritis and lupus. It also helps control baldness and muscle and nerve degeneration.

**THIAMINE:** Also known as Vitamin B-1. It's also known as "the morale vitamin" because of its beneficial effects on the nervous system and mental attitude. Promotes proper growth in children, aids carbohydrate utilization for energy and supports the nervous system. Enhances immune response while helping control motion sickness. Deficiency results in insomnia, fatigue, confusion, poor memory and muscle coordination.

**RIBOFLAVIN:** Also known as Vitamin B-2. Commonly deficient in the American diet. It is necessary for energy production and for fat and carbohydrate metabolism. Helps prevent cataracts and corneal ulcers and generally benefits vision, pregnancy and lactation.

**NIACIN:** Also known as Vitamin B-3. A blockbuster vitamin with a host of functions including energy production, cholesterol control, sex hormone production and is essential for fat metabolism, helping to mobilize fat from adipose tissue so that it can be burned as energy while preventing the buildup of cholesterol in the liver and arteries.

**VITAMIN B6:** Also known as Pyridoxine. A key factor in red blood cell regeneration, amino acid and protein formation and carbohydrate use. A primary immune system stimulant, it has been shown in recent studies to have particular effect against liver cancer. Also helps allergies and asthma. Supports all aspects of nerve health including neuropsychiatric disorders, epilepsy and carpal tunnel syndrome. Controls acne, promotes beautiful skin and alleviates morning sickness while being a key vitamin to slow and reverse the aging process.

**FOLIC ACID:** Also known as "Folacin" a B-vitamin which plays a vitally important role in the synthesis of DNA, enzyme production and blood formation. Essential for division and growth of new cells, it is an excellent supplement during pregnancy to guard against spina bifida and neural tube defects. It helps prevent anemia, helps control leukemia and pernicious anemia. Folic acid also helps reduce dangerous homocysteine levels which are now thought to be the key to all heart disease while facilitating the conversion of dangerous LDL cholesterol into free radical particles.

**VITAMIN B-12:** Also known as "Cyanocobalamin." An anti-inflammatory and analgesic that works with Calcium for absorption. A primary agent of DNA synthesis and red blood cell formation. Involved in all immune responses. A specific in blocking sulfite-induced asthma and new research now shows dramatic success in cancer management, especially in tumor development. It energizes and relieves fatigue, depression and poor concentration.

**BIOTIN:** A member of the B-Vitamin family, necessary for metabolism of amino acids and essential fatty acids and in forming immune antibodies. It is needed for the body to use Folic Acid, B-12 and Pantothenic Acid. Helps control hair loss, dermatitis, eczema, dandruff and all scalp problems. Improves glucose tolerance for diabetics and research shows enhanced immune response for Candida and CFS.

**PANTOTHENIC ACID:** Also known as Vitamin B-5. The antioxidant vitamin vital to proper adrenal activity and a precursor to natural cortisone production and an aid to natural steroid synthesis. It is important in preventing arthritis and high cholesterol. It fights infection by building antibodies and defends against stress, fatigue and nerve disorders. Pantothenic acid also inhibits hair color loss and is necessary for intelligence formation in all cell division activity.

**CALCIUM:** The body's most abundant mineral. Every cell needs Calcium to survive. Calcium is necessary for body synthesis of B-12 and uses Vitamin D for absorption. It works with Phosphorus to build sound teeth and bones and with Magnesium for cardiovascular health and skeletal strength. It helps blood clotting, lowers blood pressure, prevents muscle cramping and maintains nervous system health. Recent research shows that it deters colon cancer and osteoporosis.

**MAGNESIUM:** The "mother mineral" of all life. It partners Potassium to create a heartbeat while being necessary for Calcium to be converted into bone nutrient. Necessary for a good nerve and muscle function, healthy blood vessels and a balanced blood pressure. Athletes in particular need extra Magnesium for endurance. Calms hyperactive children and helps alcoholism, diabetes and asthma.

**ZINC:** The critical mineral for the thymus gland to produce vital T-cells, the "foot soldiers" of the body's immune system army. Also controls the prostate and fights prostate cancer and enlargement. Zinc is also a coenzyme of SOD that protects against free radical damage and is essential to formation of insulin and to maintaining immune strength, gland, sexual and reproductive health.

**SELENIUM:** The new "miracle mineral" that has been proven in trials at the University of Arizona to reduce cancer rates by 50% within six months. Possibly the most powerful antioxidant mineral in existence while working with Vitamin E to prevent fat and cholesterol accumulation in the blood. It protects against heart weakness and degenerative diseases while enhancing elasticity of skin tissue.

**CHROMIUM:** A "essential" trace mineral needed for all glucose tolerance and sugar regulation. Deficiencies result in high cholesterol, heart trouble, diabetes and poor carbohydrate and fat metabolism. Deficiencies result in premature aging and needed by athletes (and all people) to convert body fat into hard muscle. For dieters, Chromium helps suppress the appetite as it raises body metabolism.

**COPPER:** A trace element that helps control inflammatory arthritis and bursitis symptoms. Aids in Iron absorption, protein metabolism, bone formation and blood clotting.

**MANGANESE:** A mineral that nourishes the brain and nerve centers while aiding in sugar and fat metabolism and is necessary for DNA/RNA production. Dozens of enzymes are dependent upon Manganese for optimal activity. It helps eliminate fatigue, nerve irritability and lower back pain while reducing seizures in epileptics.

**MOLYBDENUM:** A metabolic mineral necessary for mobilizing enzymes. New research is showing benefits for esophageal cancers and sulfite-induced cancers.

**AMLA FRUIT:** Mother Nature's richest source of Vitamin C. See above.

**KELP:** Sea vegetable and blockbuster source of superior nutritionals. Rich in protein, carbohydrates, antioxidants, minerals and vitamins, especially healing carotenes. Good for alkalizing the body and high in Iodine for thyroid health.

**OCEAN SOURCE PEPTIDE/AMINO ACID/PROTEIN COMPLEX:** The basic, building-blocks of all life. Essential for tissue growth and regeneration. Absolutely necessary to life, growth and healing. Amino acids are an important part of body fluids, antibodies to fight infection and hormone/enzyme systems to regulate growth and digestion. They are also responsible for the growth, maintenance and repair of our bodies throughout our lives. They are sources of energy, play a vital role in brain function and mood elevation, are critical to rapid healing and are buffering agents for proper acid/alkaline balance.

**CITRUS BIOFLAVONOID COMPLEX:** Part of the Vitamin C family, bioflavonoids prevent arteries from hardening, lower cholesterol and enhance blood vessel, capillary and vein strength. They protect connective tissue integrity, control bruising, internal bleeding and mouth herpes. They stimulate bile production and are anti-microbial against infections and inflammation.

**CHOLINE:** A lipotropic B-complex member that works with Inositol to emulsify fats. A brain nutrient and neurotransmitter that aids memory and learning ability and effective in retarding Alzheimer's Disease and neurological disorders.

**OCEAN SOURCE MINERAL/TRACE MINERALS:** All 84 mineral and trace mineral elements required for the body to operate at peak efficiency. Particularly high in Magnesium, "the mother mineral" to calm the nervous system, activate Calcium and regulate the heartbeat.

**DIGEZYME DIGESTIVE ENZYME BLEND:** A very special, patented enzyme complex. Enzymes exist in all living things. They make life possible. No substances in our bodies are more important than enzymes. Without them we could not breathe, digest food or move a muscle. No vitamin, mineral or hormone can do its job without enzymes. They act as "catalysts" for every activity and are involved in every biochemical process. Needed to assimilate carbohydrates, proteins and fats into the body.

**TMG:** Also known as Trimethyl Glycine, the most effective facilitator known of youthful methylation metabolism. Published research shows that methylation is related to a variety of diseases, including cardiovascular disease, cancer, liver disease and neurological disorders. Enhancing methylation improves health and slows premature and perhaps, slows the aging process. In particular, TMG lowers dangerous homocysteine levels, thus lowering the risk of heart disease and strokes.

**FLAX SEED OIL POWDER:** Powerful source of essential fatty acids, in particular, Omega-3 which has been proven to assist PMS, high blood pressure, rheumatoid arthritis and also to lower serum cholesterol levels. They provide fuel for the heart, help prevent blood clotting and reduce high blood fats of all kinds.

**INOSITOL:** A part of the B-Complex family, needed for all hair, eye and skin regeneration.

\*Note: These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.